

Treating Epilepsy in 2017: The Bright Side

- Two thirds of patients achieve seizure freedom with available AEDs, usually with little or no side effects
- Available drugs differ in efficacy spectrum, side effects and impact on comorbidities – opportunities to tailor treatment choices have never been greater
- We learnt how to combine AEDs more effectively in difficult-to-treat patients
- There have been advances in identifying patients eligible for epilepsy surgery

Treating Epilepsy in 2017: The Dark Side

- About one third of patients are pharmacoresistant the same as in 1938!
- None of existing drugs is ideal in terms of ease of use and tolerability profile
- Currently available drugs suppress the symptoms, but do not affect the underlying disease
- Using at best an armamentarium of 25 drugs is a challenge, and the risk of suboptimal use is significant





 1New Egl J Med 200; 342:314-09; $^2\text{Epilepsy}$ and Beahavior 2005;6:382-7; 3Neurology, 2012;78:1548-54; $^4\text{Brodie}$ et al, Istanbul IEC, Sept 2015

Has the Introduction of New AEDs Reduced the Burden of Drug Resistance? Results from an Expanding Single-Center Cohort

Percentage of newly diagnosed patients achieving seizure freedom (minimum FU of 2 years):

Kwan and Brodie, 2000 ¹	63.4% (333/525)
Mohanraj and Brodie, 2005 ²	64.6% (504/780)
Brodie et al, 2012 ³	68.2% (749/1098)
Brodie et al, 20154	63.7% (1150/1805)

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Major Unmet Needs in Epilepsy Treatment

- More efficacious treatments for patients who are currently pharmacoresistant
- Predictors of responses to individual drugs would allow avoidance of trial-and-error approach
- Safer treatments for certain patient groups (e.g. women with generalized epilepsies)
- Treatments targeting the underlying disease, rather than merely symptomatic drugs



Underestimated Incentives to Develop New AEDs

- A new AED with good efficacy/tolerability can still be very profitable, despite modest impact on drug resistance
- Opportunities for orphan indications small market compensated by fast track development and premium prices
- Value can be enhanced by biomarker-guided AED development, and the advent of precision medicine
- Other advances made possible by better models, new paradigms, and new indications, incuding disease modification (and non-epilepsy indications)





Future Epilepsy Therapies -Where Will the Next Breakthrough Come From?

- Gene or microRNA silencing (e.g., antagomirs)
- Gene therapy (e.g., studies with neuropeptide Y)
- Stem cell therapy
- Biosensor-mediated focal drug delivery to the brain (closed loop technology, including seizure prediction)
- Optogenetics and DREADD technology
- Drug delivery via nanoparticles / nanotherapeutics
- Neuromodulation

A Common Denominator of Future Therapies: Precision Medicine

- Identification of reliable predictors of response to specific treatments will allow truly rational drug selection
- Tests are becoming available to identify the molecular cause of epilepsy in the individual
- Treatments can then be selected (or developed) to correct the molecular defect, or its consequences

Examples of Precision Medicine Applied to Epilepsy

- Ketogenic diet for epilepsies caused by GLUT1 deficiency – established
- Everolimus for focal epilepsy associated with tuberous sclerosis established